

Carol Coles

From: Carol Coles
Sent: Thursday, July 22, 2010 11:11 AM
To: *everyone; _Council Members; Andy Rieger; Denise Holder; Eddie Sims; Jane Cannon; KGOU; KOCO; KOKH; Ktok; KTOK; Norman News; Oklahoma Daily
Subject: Norman Parks and Recreation Speed and Agility Camp

City of Norman
201 West Gray
Norman, Oklahoma 73069

Press Release

For Immediate Release

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***Norman Parks and Recreation
Speed and Agility Camp***

The Norman Parks and Recreation Department is proud to present the ***Speed and Agility Camp*** which will take place at Whittier Recreation Center, located at 2000 W. Brooks. The camp is scheduled to take place August 2 -6, for ages 8-14, beginning at 1:00 p.m. through 3:00 p.m. and at a cost of only \$75 per child. This camp is coed and the deadline to sign up for camp is July 28th.

The ***Speed and Agility Camp*** is designed for young athletes who [desire](#) to develop foot work, quickness and pure speed. Speed [and Agility](#) camp will teach young athletes [the techniques needed to excel in any sport](#).

For more information on ***Speed and Agility Camp*** and all other Sports Summer Camps through the Norman Parks and Recreation department, please call 292-9703 or email jason.olsen@normanok.gov. Also for our full flyers and registration forms visit www.normanfun.com and click on the "Sports Link".